

Enhanced Day Care

This past quarter has been productive and busy and has seen the development of many new activities, as well as the continuation of existing ones in the Enhanced Day Care Service. The service is constantly evolving and continues to go from strength to strength with new and exciting developments taking place at the different centres each week. Some regular activities have continued since the last quarter across the three



centres and some new ones have developed. Some highlights are detailed below:

Five fantastic care assistants in total from all three centres completed Age UK Bolton and Get Active's Chair Based Exercise Training programme which has now enabled gentle exercise to take place every day in all the day care centres.



We took five service users to Hope View Sensory Farm; the only farm in the country specifically designed for people living with dementia. We have a fantastic day and service users fed the animals, held the chickens and fished in the pond. The trip was so successful we are looking to take service users from other centres to the farm when it reopens in March.



Many activities were held at all three centres to remember the fallen on 11th November. Service users at Thicketford made their own crosses, Winifred Kettle Centre created a window display and our Age UK Bolton volunteer Knitting Annie made over 100 knitted poppies and raised £125 for the Royal British Legion.

It was identified in a service user meeting that they would love to have some floristry demonstrations in day care. Thicketford has a demonstration by a local carer and we organised Alison, a professional florist to come along to all three centres for a demonstration. Alison talked to service users about the plants and flowers she was using, their own

gardens and at the end of the session she raffled off the arrangements she had made for service users to take home. Service users said they would love Alison to come back in the future because they really enjoyed hearing about her passion.

Christmas has been a busy time in day care. We had activities from card making to Christmas cake decorating to carol singing and Christmas parties with different entertainers at all three centres. Service Users at Thicketford enjoyed creating decorations for one of the trees in the centre. Staff dressed up for Elf day and raised over £100 for Alzheimer's Society. We also had the Grand Dame Theatre Company back for a





Christmas performance of Beauty and the Beast. The actors delivered a top quality performance with the addition of a Christmas sing a long at the end of the production.

Rob Mason the Lancashire Lad has been back to all the centres as service users and carers gave such positive feedback the last time he visited. As his visit was around Christmas time, he also sang some well-known carols which service users enjoyed joining in with.

Stuart from the organisation 'Music for Health' visited all three day care centres also. He came and delivered an interactive music session to our service users and had them playing musical instrument, singing and also taking part in a music quiz.



Bolton Carers Support Creative Crafters group have been hard at work. They have raised over £1800 through selling the work which they make in the class. The class meet on the 2nd, 3rd and 4th Tuesday morning of every month. If you would like to join contact Bolton Carers Support on 01204 363056.

We are working on three separate Intergenerational projects at the various centres. We organised for a local primary school to sing a Christmas carol concert at Thicketford Day Care and they are going to come and undertake activities such as arts and crafts with service users in the New Year. Daisy Hill Nursery has also been to Winifred Kettle Day Care Centre to do the same. Horwich and Blackrod Child Minder Association has visited Brazley Day Care Centre on two occasions in the past quarter. The first for a Halloween party with service users when



children came in fancy dress, gave the service users harvest gifts to take home, chatted and played games together. The second for a Christmas party with activities which included carol singing, gift giving and games. All three of these relationships are hoping to continue. Finally, Cannon Slade School left some homemade Christmas cards for our day care service users.



Volunteers are continuing to provide fantastic activity support in all three day care centres. If you would like to volunteer with Age UK Bolton, Bolton Dementia Support or Bolton Carers Support or would like any information on the Enhanced Day Care Service or any of the partner charities, please get in contact with Lucy on 01204 337877 for more information.