

Enhanced Day Care

From July to September the Enhanced Day Care Service has continued to grow and develop. As always there have been regular activities which have continued across the three centres which are much loved by the older people who attend as well as some new and exciting developments.



During July and August this quarter, all three day care centres took two trips to Hope View Sensory Farm. Hope View is the only farm in the country specifically designed for people living with dementia. www.hopeviewsensoryfarm.co.uk Our older people fed the animals, held the chickens and fished in the pond. They also sat in the craft sheds and created various items which they took home with them. Everyone thoroughly enjoyed themselves and we will certainly be taking a trip back again soon.

All three centres have been listening to and also playing lots of music this past quarter. We have had some fabulous entertainers perform and we have also programmed some MP3 players with personalised music. At Brazley, staff and volunteers have been making their own music which everyone has loved.



Winifred Kettle have recently set up an evening carers group for any carer in the local area. The group meets on the first Wednesday of the month to support each other. They have had speakers in from various different organisations to help carers care the best they can. Anne Marie our Holistic Therapist has been along to

the group to offer relaxing treatments.

The gardening groups have flourished over the summer months. Our older people have enjoyed going out in the centre gardens to plant, water and relax in the lovely weather. They have enjoyed painting plant



pots and also choosing the plants and flowers they would like to see themselves. They have all enjoyed playing various outdoor games. The centres have all created unique, relaxing and calming spaces to enjoy.



OM Interactive has continued to be a big hit at the centres. Everyone has enjoyed reminiscing about old scenes of Bolton, taking part in quizzes and exercising their bodies and minds by using the various games programmed on to the machine.



Baking and cake decorating has been loved at all three centres this quarter. Our older people have baked strawberries and cream cakes in celebration of Wimbledon and have spent rainy days decorating gingerbread men. Everyone has enjoyed eating the fruits of their labour.

The fantastic Grand Dame Theatre Company have been back to all centres again to perform their touring shows of Wind in the Willows and Alice in Wonderland. The theatre is a firm favourite as the actors are so entertaining and interact well with



everyone; they encourage singing, dancing and group participation.

A group of older people at Winifred Kettle have set up a writing

circle with support from the care staff and volunteers. The group meets to talk about books which they like reading but mainly to write their own stories and poems. Over the summer, we have been planning an event for Remembrance Day; the writing circle group have been to the Imperial War Museum in Salford Quays to gain information and inspiration for their stories and poems. More to follow on this event and the writing circle in the next newsletter.



The next quarter plans to be a really busy one, with Halloween, Remembrance Day and Christmas all falling within it. We have also had a push on volunteer recruitment and now have even more valuable volunteers bringing their skills and expertise to the centres; they are really helping to enhance the activities which are being offered in day care; they work hand in hand with the care assistants and really enrich the service. If you could spare a couple of hours a week and would like to volunteer in day care, or would like to find out more about the EDC Service, please contact Lucy on 01204 337877.