

Enhanced Day Care



The sun has been shining down this past quarter and there have been lots of new and exciting developments in the Enhanced Day Care Service, some of which are highlighted below. All three centres have been making the most of the lovely weather and everyone has been outside enjoying the sunshine. Each centre has been working on its own sensory gardens to ensure there is a relaxing outdoor space to spend time in, relax and reminisce. A variety of different garden games have been purchased which have been met with lots of enthusiasm and friendly competition. The games are not only fun but ensure that everyone is keeping physically, socially and mentally active.



In addition to the weekly holistic therapy sessions taking place at all three day care centres, this quarter we introduced a carer's holistic therapy session with our lovely holistic therapist Anne Marie. The sessions in day care have proven so popular that we wanted to invite carers to take a ten minute time out for themselves. Therapies offered include reflexology, aromatherapy and massage and take place at Thicketford Centre Therapy Room. All carers are welcome, and we ask for a donation of one pound; for more information contact Lucy on 01204 337877 or Anne Marie on 07760134892.



Everyone enjoyed the Royal Wedding back in May; all centres had a royal afternoon tea and toasted the new couple. Everyone at Thicketford wore their flower corsages to watch the ceremony which they had made and reminisced about past Royal Weddings. Brazley even had a special visit from the royals themselves.

The fantastic Grand Dame Theatre Company have been back to all centres again to perform their touring shows of *Wind in the Willows* and *Cinderella*. The theatre is a firm favourite as the actors are so entertaining and interact well with everyone; they encourage singing, dancing and group participation. They have some new shows coming out over the summer so they will certainly be back.



Brazley Centre is still running its intergenerational project and it continues to go from strength to strength. The centres had a joint party for the Royal Wedding where everyone made hats to wear. They have also all been painting rocks for 'Rivington Rocks'. Rivington Rocks is a hide and seek project in Rivington near Horwich; the children have painted the rocks together with our older people at the centre and the children have been out to hide them. In addition to the children visiting the centre, every week a few of our older people go next door to the children's centre. They have been interacting with the children and joining in with their activities such as helping them with their May Day decorations and celebrations and flower painting.



Everyone has been getting involved with the world cup at all the centres. Many have enjoyed watching the matches (especially the semi- finals), reminiscing about previous world cups (1966!) and getting behind England!

The ever popular baking groups at Winifred Kettle and Brazley have continued this quarter. In addition to these, Brazley have

been having weekly cookery sessions and demonstrations. Everyone has been trying a variety of cuisines from around the world and some of our older people have even been in the kitchen preparing and cooking new things themselves.

The next quarter plans to be a busy one with more Music for the Mind sessions planned, the touring theatre visiting again, Wimbledon starting, Hope View Sensory Farm visits, dementia events and new carers groups starting. We have also had a push on volunteer recruitment so hope even more valuable volunteers will be bringing their skills and expertise to the centres.

If you would like to volunteer in day care, or would to find out more about the EDC Service, contact Lucy on 01204 337877.

