

Enhanced Day Care

This past quarter has seen the development of lots of stimulating services and activities which service users and carers have enjoyed greatly. All centres have had Music for the Mind sessions, lots of one off activities for Valentine's Day, St Patrick's Day and Easter. Day Care Companion volunteers are still visiting the three centres. Many well liked regular activities have also continued and some new and exciting ones have been reported on below:



OM Interactive has been the biggest development of this past quarter. Neurological findings support the claims that regularly involving people in activities which stimulate movement, communication and mental engagement will always be beneficial to people living with dementia and ultimately enhance their quality of life. OM Interactive is a pioneer in the design, development and supply of motion-activated interactive technology for the education, health, special needs and leisure sectors. OM Interactive systems have led the way in developing inclusive sensory environments that truly engage by providing incredibly powerful tools that can inspire people of all abilities. This Suite has been specifically designed to be age appropriate

whilst including all of the important elements necessary for Apps to stimulate, engage, relax and provide enjoyment. The wide variety of Apps include; Interactive Quizzes, Scenes and sounds from nature, Social games with rising difficulty & rewards, Nostalgic themes and music to stimulate discussion and reminiscence therapy. The table spends a month at each centre and has already had a massive impact on service users' mental health and wellbeing.



We booked Grand Dame Theatre Company to come along to all three day care centres to show their Cabaret performance which staff and service users thoroughly enjoyed. The performance was a bit different to their usual pantomime style but was a welcome change and everyone enjoyed singing along to the music.





We have started Community Reminiscence Sessions entitled Down Memory Lane at three libraries in Bolton. The sessions run on a monthly basis and they are joint sessions for both those living with dementia and carers.

They are fantastic for reminiscing but also great for bringing carers together in small support networks. If you would like to find out more, contact Dawn at Age UK Bolton on 01204 332866.



We are still working on three separate Intergenerational projects at the various centres. Tonge Moor Primary School have been visiting Thicketford on a weekly basis to interact with service users. They have been doing activities such as bracelet making, singing to service users, looking at old picture books and generally getting to know one another. Daisy Hill Nursery has been to Winifred Kettle with Easter gifts and Horwich and Blackrod Childminders have been back to Brazley for an Easter bonnet parade.



All the centres have been doing various activities for Easter. They have been baking Easter cakes, had Easter bonnet craft groups, Easter Bonnet Parades & Easter raffles. Annie, one of our volunteers at Brazley Day Care has been making knitted items with service users to be sold in the Easter raffle. *If you would like to volunteer with Age UK Bolton, Bolton Dementia Support or Bolton Carers Support or would like any information on the Enhanced Day Care Service or any of the partner charities, please get in contact with Lucy on 01204 337877.*